



Teacher recognition scheme Application form

Part 1 Personal Details

Name _____

Email _____

Address _____

Present occupation _____

Date of birth _____

Class of membership requested*

Tel no (day) _____

Teacher Practitioner

eve _____

*Please tick as appropriate

mobile _____

NB
Block letters
and black ink
please.

Part 2 Yoga history

Applicants should have been practising yoga continuously for a minimum of 5 years and should have at least 2 full years of yoga teaching experience.

Name and contact details of organisation where this training was undertaken

How long have you been practising yoga?

Length of training

Date begun _____

Do you have a personal daily practice?

Yes No

Date completed _____

If so, when did you commence your personal practice?

Did this training include training for one-to-one teaching?

How long have you been teaching yoga?

Have you any other yoga teaching or training experience/qualifications?
(Please give details)

Please list relevant training and qualifications (these must be within the 'viniyoga' tradition)

Are you a teacher member of BWY? If so, please give your membership number.

Part 2 Yoga history (cont)

Please give the name(s) of your current yoga teacher(s)

Please give the name(s) of any previous yoga teacher(s)

Are you currently teaching any regular classes?

Yes No

If yes, please give venue, day and time information

List events within the 'viniyoga' tradition that you have attended in the last two years. You may, for example, have studied at the KYM, or attended a seminar taught by a recognised teacher within the tradition. Give date, venue, and tutor.
(Continue on a separate sheet if necessary.)

What were your reasons for developing your yoga studies within this tradition?
(Continue on a separate sheet if necessary.)

Why do you wish Teacher Recognition from aYs? What do you hope to gain from it?
(Continue on a separate sheet if necessary.)

Part 3 Supporting documentation

Please include the following documents with this application form.

- Syllabus of teacher training course(s) undertaken.
- Samples of written papers undertaken in each of:
 - 1 Anatomy and physiology
 - 2 Yoga philosophy
 - 3 Practice planning.
- 14-day diary of personal practice.
- Class plan for general mixed-ability group for minimum 1.25 hours showing aims, objectives, benefits, cautions and appropriate modifications. (The plan should be based on a specific theme, such as twists.)
- **Practitioner level only.** Portfolio of evidence of one-to-one teaching of 3 individuals *either* over a period of 6 months *or* over 8 sessions.

Please note that if necessary an interview will be arranged to verify any or all of the above, especially the evidence for one-to-one teaching. The interview will be approximately 30 minutes, and will consist of a 10-minute presentation by the applicant, followed by a question-and-answer session. Observation of group class teaching will also often be required.

Signature

Date
