

mṛtyuñjaya mahāmantraḥ (oṃ tryambakam)

samih̄tā pāṭhaḥ

oṃ tryāmbakam̄ yajāmahe sugandhim̄

puṣṭivardhanam̄ |

urvārukamivā bandhanānmṛtyormukṣīya

mā'mṛtāt||

pada pāṭhaḥ

oṃ |

tryāmbakam̄iti tri – ambakam̄ |

yajāmahe |

sugandhimiti su – gandhim |

puṣṭivardhanam̄iti puṣṭi – vardhanam̄ |

urvārukam̄ |

iva |

bandhanāt |

mṛtyoḥ |

mukṣīya |

mā |

amṛtādityamṛtāt ||

krama pāṭhaḥ

oṃ tryāmbakam̄ yajāmahe |

tryāmbakam̄iti tri – ambakam̄ |

yajāmahe sugandhim̄ |

sugandhim̄ puṣṭivardhanam̄ |

sugandhimiti su – gandhim |

puṣṭivardhanam̄iti puṣṭi – vardhanam̄ |

urvārukamivā |

iva bandhanāt |

bandhanānmṛtyoḥ |

mṛtyormukṣīya |

mukṣīya mā |

mā'mṛtāt |

amṛtādityamṛtāt ||

jaṭā pāṭaḥ

oṃ tryāmbakaṃ yajāmahe yajāmahe tryāmbakaṃ

tryāmbakaṃ yajāmahe |

tryāmbakamītri – ambakaṃ |

yajāmahe sugandhiṃ sugandhiṃ yajāmahe

yajāmahe sugandhiṃ |

sugandhiṃ puṣṭivardhanam puṣṭivardhanam

sugandhiṃ sugandhiṃ puṣṭivardhanam |

sugandhimiti su – gandhiṃ |

puṣṭivardhanamītri puṣṭi – vardhanam |

urvārukamīvevorvārukamūrvārukamiva |

iva bandhanādbandhanādiveva bandhanāt |

bandhanānmṛtyormṛtyorbandhanādbandhanān

mṛtyoḥ |

mṛtyormukṣīya mukṣīya mṛtyormṛtyormukṣīya |

mukṣīya mā mā mukṣīya mukṣīya mā |

mā'mṛtādāmrṭānmā mā'mṛtāt |

amṛtādityamṛtāt ||

ghana pāṭaḥ

oṃ tryāmbakaṃ yajāmahe yajāmahe

tryāmbakaṃ tryāmbakaṃ yajāmahe

sugandhiṃ sugandhiṃ yajāmahe

tryāmbakaṃ tryāmbakaṃ yajāmahe

sugandhiṃ |

tryambakamī tri – ambakam |

yajāmahe sugandhigṃ sugandhim yajāmahe

yajāmahe sugandhim puṣṭivardhanam

puṣṭivardhanagṃ sugandhim yajāmahe

yajāmahe sugandhim puṣṭivardhanam |

sugandhim puṣṭivardhanam puṣṭivardhanagṃ

sugandhigṃ sugandhim puṣṭivardhanam |

sugandhimiti su – gandhim |

puṣṭivardhanamīti puṣṭi – vardhanam |

urvārukamiveorvārukamurvārukamīva

bandhanādbandhanādivorvārukamurvārukamīva

bandhanāt |

iva bandhanādbandhanādiveva

bandhanānmṛtyor mṛtyor bandhanādiveva

bandhanānmṛtyoḥ |

bandhanānmṛtyor mṛtyorbandhanādbandhanān

mṛtyor mukṣīya mukṣīya

mṛtyorbandhanādbandhanānmṛtyor

mukṣīya |

mṛtyormukṣīya mukṣīya mṛtyormṛtyormukṣīya

mā mā mukṣīya mṛtyormṛtyormukṣīya mā |

mukṣīya mā mā mukṣīya mukṣīya

mā'mṛtādamṛtānmā mukṣīya mukṣīya

mā'mṛtāt |

mā'mṛtādamṛtānmā mā'mṛtāt |

amṛtādityamṛtāt ||