

medhā mantrah (oṃ mayi medhām)

samhitā pāṭhaḥ

oṃ mayi¹ me¹dhām mayi¹ pra¹jām mayy¹agnistejo¹
dadhātu¹ mayi¹ me¹dhām mayi¹ pra¹jām mayindra¹
indriyaṃ¹ dadhātu¹ mayi¹ me¹dhām mayi¹ pra¹jām mayi¹
sūryo¹ bhrājo¹ dadhātu ||

krama pāṭhaḥ

oṃ mayi¹ me¹dhām |
me¹dhām mayi¹ |
mayi¹ pra¹jām |
pra¹jām mayi¹ |
pra¹jāmiti¹ pra – jāṃ |
mayy¹agniḥ |
agnistejaḥ¹ |

tejo¹ dadhātu |
dadhātu¹ mayi¹ |
mayi¹ me¹dhām |
me¹dhām mayi¹ |
mayi¹ pra¹jām |
pra¹jām mayi¹ |
pra¹jāmiti¹ pra- jāṃ |
mayindraḥ¹ |
indra¹ indriyam |
indriyaṃ¹ dadhātu |
dadhātu¹ mayi¹ |
mayi¹ me¹dhām |
me¹dhām mayi¹ |
mayi¹ pra¹jām |
pra¹jām mayi¹ |

pra_{jā}mi_{tī} pra – jā_m |
mayi₁ sūrya_ḥ |
sūryo₁ bhrājā_ḥ |
bhrājo₁ dadhātu |
dadhāt_{viti}-dadhātu ||

jaṭā pāṭhaḥ

om mayi₁ me_dhā_m me_dhā_m mayi₁ mayi₁ me_dhā_m |
me_dhā_m mayi₁ mayi₁ me_dhā_m me_dhā_m mayi₁ |
mayi₁ pra_{jā}m pra_{jā}m mayi₁ mayi₁ pra_{jā}m |
pra_{jā}m mayi₁ mayi₁ pra_{jā}m pra_{jā}m mayi₁ |
pra_{jā}mi_{tī} pra-jā_m |
mayyagniragnirmayi mayyagni_ḥ |
agnistejo₁ tejo₁ agniragnistejā_ḥ |
tejo₁ dadhātu dadhātu₁ tejo₁ tejo₁ dadhātu |

dadhātu₁ mayi₁ mayi₁ dadhātu dadhātu₁ mayi₁ |
mayi₁ me_dhā_m me_dhā_m mayi₁ mayi₁ me_dhā_m |
me_dhā_m mayi₁ mayi₁ me_dhā_m me_dhā_m mayi₁ |
mayi₁ pra_{jā}m pra_{jā}m mayi₁ mayi₁ pra_{jā}m |
pra_{jā}m mayi₁ mayi₁ pra_{jā}m pra_{jā}m mayi₁ |
pra_{jā}mi_{tī} pra-jā_m |
mayindra₁ indra₁ mayi₁ mayindra_ḥ |
indra₁ indriyamindriyamindra₁ indra₁ indriyam |
indriya_m dadhātu dadhāt_{vindriyamindriya_m}
dadhātu |
dadhātu₁ mayi₁ mayi₁ dadhātu dadhātu₁ mayi₁ |
mayi₁ me_dhā_m me_dhā_m mayi₁ mayi₁ me_dhā_m |
me_dhā_m mayi₁ mayi₁ me_dhā_m me_dhā_m mayi₁ |
mayi₁ pra_{jā}m pra_{jā}m mayi₁ mayi₁ pra_{jā}m |
pra_{jā}m mayi₁ mayi₁ pra_{jā}m pra_{jā}m mayi₁ |

pra-jā-mi-ti pra-jām |

mayi sūryo sūryo mayi mayi sūryaḥ |

sūryo bhrājo bhrājo sūryo sūryo bhrājaḥ |

bhrājo dadhātu dadhātu bhrājo bhrājo dadhātu |

dadhāt-viti-dadhātu ||

ghana pāṭhaḥ

om mayi medhām medhām mayi mayi medhām

mayi mayi medhām mayi mayi medhām mayi |

medhām mayi mayi medhām medhām mayi prajāṃ

prajāṃ mayi medhām medhām mayi prajāṃ |

mayi prajāṃ prajāṃ mayi mayi prajāṃ mayi mayi

prajāṃ mayi mayi prajāṃ mayi |

prajāṃ mayi mayi prajāṃ prajāṃ

māyagniragnirmāyī prajāṃ prajāṃ māyagnih |

pra-jā-mi-ti pra-jām |

māyagniragnirmāyī māyagnistejo tejo agnirmāyī

māyagnistejaḥ |

agnistejo tejo agniragnistejo dadhātu dadhātu tejo

agniragnistejo dadhātu |

tejo dadhātu dadhātu tejo tejo dadhātu mayi mayi

dadhātu tejo tejo dadhātu mayi |

dadhātu mayi mayi dadhātu dadhātu mayi medhām

medhām mayi dadhātu dadhātu mayi medhām |

mayi medhām medhām mayi mayi medhām mayi

mayi medhām mayi mayi medhām mayi |

medhām mayi mayi medhām medhām mayi prajāṃ

prajāṃ mayi medhām medhām mayi prajāṃ |

mayi prajāṃ prajāṃ mayi mayi prajāṃ mayi mayi

prajāṃ mayi mayi prajāṃ mayi |

prajāṃ mayi mayi prajāṃ prajāṃ māyindra indra

mayi¹ pra¹jāṃ pra¹jāṃ mayi¹ndraḥ |
pra¹jāmiti¹ pra-jāṃ |
mayi¹ndra¹ indra¹ mayi¹ mayi¹ndra¹
indriya¹mindriya¹indra¹ mayi¹ mayi¹ndra¹ indriya¹ |
indra¹ indriya¹mindriya¹indra¹ indra¹ indriya¹ṃ
dadhātu¹ dadhātvi¹ndriya¹indra¹ indra¹ indriya¹ṃ
dadhātu¹ |
indriya¹ṃ dadhātu¹ dadhātvi¹ndriya¹mindriya¹ṃ
dadhātu¹ mayi¹ mayi¹ dadhātvi¹ndriya¹mindriya¹ṃ
dadhātu¹ mayi¹ |
dadhātu¹ mayi¹ mayi¹ dadhātu¹ dadhātu¹ mayi¹ medhām¹
medhām¹ mayi¹ dadhātu¹ dadhātu¹ mayi¹ medhām¹ |
mayi¹ medhām¹ medhām¹ mayi¹ mayi¹ medhām¹ mayi¹
mayi¹ medhām¹ mayi¹ mayi¹ medhām¹ mayi¹ |
medhām¹ mayi¹ mayi¹ medhām¹ medhām¹ mayi¹ pra¹jāṃ

pra¹jāṃ mayi¹ medhām¹ medhām¹ mayi¹ pra¹jāṃ |
mayi¹ pra¹jāṃ pra¹jāṃ mayi¹ mayi¹ pra¹jāṃ mayi¹ mayi¹
pra¹jāṃ mayi¹ mayi¹ pra¹jāṃ mayi¹ |
pra¹jāṃ mayi¹ mayi¹ pra¹jāṃ pra¹jāṃ mayi¹ sūryo¹ sūryo¹
mayi¹ pra¹jāṃ pra¹jāṃ mayi¹ sūryaḥ¹ |
pra¹jāmiti¹ pra-jāṃ |
mayi¹ sūryo¹ sūryo¹ mayi¹ mayi¹ sūryo¹ bhrājo¹ bhrājo¹ sūryo¹
mayi¹ mayi¹ sūryo¹ bhrājaḥ¹ |
sūryo¹ bhrājo¹ bhrājo¹ sūryo¹ sūryo¹ bhrājo¹ dadhātu¹
dadhātu¹ bhrājo¹ sūryo¹ sūryo¹ bhrājo¹ dadhātu¹ |
bhrājo¹ dadhātu¹ dadhātu¹ bhrājo¹ bhrājo¹ dadhātu¹ |
dadhātvi¹ti¹-dadhātu¹ ||